

Psychosocial Development Summary Chart

Stage	Age	Major Question	Virtue	Successful Outcome	Unsuccessful Outcome
Trust vs Mistrust	0-2 Years	"Can I trust the world?"	Hope	Children develop a sense of trust in the world and the people who are supposed to care for them.	Failure at this stage leads to a sense of distrust in the world and do not believe that others are dependable.
Autonomy vs Shame and Doubt	2-4 Years	Can I do things myself or must I rely on others?"	Will	Children develop a sense of independence and personal control.	Children may be left with feelings of doubt and shame over their own abilities.
Initiative vs Guilt	4-5 Years	"Is it ok for me to do things?"	Purpose	Kids develop a sense of purpose and the motivation to try new things.	Children are left with feelings of guilt and a lack of initiative.
Industry vs Inferiority	5-12 Years	"How can I be good?"	Competence	Success leads to feelings of competence.	Failure leads to feelings of inferiority.
Identity vs Role Confusion	12-19 Years	"Who am I?"	Fidelity	Teens develop a strong sense of self.	Teens may emerge from this stage not sure of who they are
Intimacy vs Isolation	20-40 Years	"Can I love and be loved?"	Love	Adults are able to form loving and lasting relationships with others.	Failure at this stage can lead to feelings of loneliness and isolation.
Generativity vs Stagnation	40-65 Years	"What can I contribute to the world?"	Care	Contributing to the world helps adults feel a sense of accomplishment.	Failure at this stage may lead people to feel uninvolved in the world.
Integrity vs Despair	65-Death	"Was my life a good one?"	Wisdom	Older adults look back on their lives with a sense of satisfaction.	Failure at this stage may lead people to look back at their lives with regret, sorrow, and bitterness.